

Safety & Hygiene Training Center

# Classes for Ohio Workers

Attend one of the more than 60 occupational safety, health and ergonomics courses offered by the Ohio Bureau of Workers' Compensation Division of Safety & Hygiene. Classes are held in eleven locations throughout the state as well as online.

The division offers courses at no extra cost to Ohio employers with active workers' compensation policies.

Course	Day (s)	Course	Day (s)
Accident Analysis	1.0	Job Safety Analysis	1.0
Advanced Ratemaking	0.5	Lockout/Tagout and Safety-related Work Practices	0.5
Basic Construction Safety (OSHA 30)	4.5	Machine Guarding Basics	0.5
Bloodborne Pathogens	0.5	Mechanical Power Press	2.0
Certified Safety Professional Examination (CSP) Review	3.0	NFPA 70E and You: Insight and Implementation	1.0
Confined Space Assessment and Work	1.5	Noise and Hearing Conservation	2.0
Controlling Costs through Claims Management	1.0	Nonviolent Strategies for Caregivers and Other Staff Working Directly with the Public	1.0
Controlling Workers' Compensation Costs	1.0	OSHA Recordkeeping	1.0
Effective Safety Teams	1.0	Personal Protective Equipment Selection Criteria	0.5
Electrical Hazard Recognition and Abatement	3.5	Powered Industrial Trucks: Developing a Training Program	1.0
Electrical Safety Audits	2.0	Respirator Fit Testing	2.5
Emergency Preparedness Planning	1.0	Restaurant and Food Service Safety	1.0
Enhancing Safety Through a Drug-free Workplace	0.5	Safety and Ergonomics for Extended-care Facilities	1.0
Ergonomics: Basic Principles	1.0	Safety Fundamentals Examination (ASP) Review	3.0
Ergonomics: Developing an Effective Process	1.0	Temporary Traffic Management	0.5
Fall Hazards In Construction and Maintenance	2.0	10 Steps for Safety	0.5
First Aid in the Workplace	1.0	Train the Trainer	1.5
Fundamentals of an Effective Safety and Health Program	2.0	Trenching and Excavation	3.0
Got Mold?	1.0	Violence in the Workplace	0.5
Hazard Communication	1.5	Wellness in the Workplace	1.0
Hazardous Waste Operations and Emergency Response Refresher	1.0	You Don't Have to Speak Spanish to Communicate Safety to Your Spanish Speaking Workforce	1.0
Hazardous Waste Operations and Emergency Response Technician	3.0		
How Methamphetamines Affect the Workplace	0.5		
Indoor Air Quality for Non-industrial Environments	2.0		

For more information, call 1.800.OHIOBWC. To register for a class online follow directions on reverse side.

**Online courses**

- Avoiding Back Trauma
- Getting Started with Safety
- Industrial Hygiene Overview
- Ladder/Stairway Safety
- Preventing Cuts and Lacerations
- Preventing Slips/Trips/Falls

# Online registration directions

## How to enroll in a class

To enroll in a class:

1. Go to [www.bwclearningcenter.com](http://www.bwclearningcenter.com);
2. If this is your first visit, please click on First Visit and complete the requested information. If you do not know your BWC policy number, please ask your company's Human Resource person;
3. On the home page, click on Learning Center;
4. Click on Course Information & Enrollment;
5. Search by keyword, entering a word(s) that is closely related to the desired course. Click Search. The results will appear in the lower left corner of the screen. If it is difficult to see, consider changing the size of your screen display (directions below for "maximum visibility");
6. Locate the desired course and click on the information icon;
7. In the lower right section of the screen, locate the date/location of your choice. Click Enroll;
8. If you have given an e-mail address, you will receive an e-mail confirming your enrollment. If you have no e-mail address, you will receive a fax or letter.
9. Once you are enrolled, you can view your list of selected classes (and cancel, if needed) in the Personal Learning Center, which is located on the left side of the home page;
10. For assistance, please call 1-800-OHIOBWC.

## How to update a profile

To update your own user information in BWC Learning Center:

1. Go to [www.bwclearningcenter.com](http://www.bwclearningcenter.com);
2. Click on User Information Center;
3. Click on Student Records;
4. Click on Update Profile;
5. Edit as needed. Click Submit.

## How to find directions

To find addresses, directions or maps to training facilities:

1. Go to [www.bwclearningcenter.com](http://www.bwclearningcenter.com);
2. Click on User Information Center;
3. Click on Facilities & Training Locations;
4. Locate the desired facility. Click on the information icon;
5. Directions are displayed in the lower right section of the screen.

## How to cancel a class

To cancel a class:

1. Go to [www.bwclearningcenter.com](http://www.bwclearningcenter.com);
2. On the left side of the home page, select Personal Learning Center;
3. Locate the class;
4. Click on Cancel.

## To change your screen display size:

For maximum visibility

1. From the START icon, select Settings;
2. Select Control Panel;
3. Select Display, then the Settings tab;
4. In the Screen Area, move the gauge to 1024 x 768 pixels.

## How to print certificates

To print a certificate for a class you have completed:

1. Go to [www.bwclearningcenter.com](http://www.bwclearningcenter.com);
2. On the left side of the home page, click on Personal Learning Center;
3. Click on the Transcript tab;
4. Locate the course you have completed, click on certificate;
5. Print it.